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Two-Spirit LGBTQIA+ Resource List

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Austin and Texas Resources

Organization	Website	Description
Rainbow Connections ATX, a program of Family Eldercare	www.rainbowconnectionsatx.org	Rainbow Connections ATX provides socialization, services, training on Two-SpiritLGBTQIA+ issues, and advocacy in the Central Texas area.
Austin LGBT Chamber	https://austinlgbtchamber.com/	The Austin LGBT Chamber works to achieve equality and inclusion by promoting economic vitality in our communities and strengthening LGBT and ally businesses.
Austin LGBT Coalition on Aging	https://algbtcoa.org/	The Austin LGBT Coalition on Aging is made up of representatives of LGBTQ community organizations, senior services providers, and interested individuals who have come together to "improve the condition of the LGBTQ aging community through advocacy, research, education and programs/services."
Coalition for Aging LGBT (North Texas)	https://www.cfa.lgbt/	Serving the four largest counties of North Texas: Dallas, Tarrant, Collin, and Denton, their mission is to improve and protect the quality of life of older LGBT adults in North Texas through community engagement and advocacy education.
My Gay Houston	https://lgbtq.visithoustontexas.com/community/nonprofits-social-organizations/	MyGayHouston.com is a product of Visit Houston, which is charged with marketing and selling Houston/Harris County as a leisure and convention destination. The mission of MyGayHouston.com is to market the Houston experience to LGBT visitors as well as locals looking for entertainment and activities.
Equality Texas	https://www.equalitytexas.org/	Equality Texas works to secure full equality for lesbian, gay, bisexual, transgender, and queer Texans through political action, education, community organizing, and collaboration.
North Texas LGBT-Friendly Senior Housing Guide	https://www.cfa.lgbt/guide.html	Online Housing Guide for information about LGBT-Friendly Senior Housing, the Coalition for Aging LGBT, and LGBT cultural competency resources.
Austin Queer Trans Housing	https://www.facebook.com/groups/atxkweerhousing	Facebook group for the 2LGBTQIA+ community who are looking for housing or offering housing. Private group requires sign-up and approval.

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Organization	Website	Description
Transgender Education Network of Texas (TENT)	https://www.transtexas.org/	TENT is an organization dedicated to furthering gender-diverse equality in Texas. We work to accomplish this through education and networking in both public and private forums. Through our efforts, we strive to halt discrimination through social, legislative, and corporate education.

Caregiving Resources

Organization	Website	Description
SAGE	https://lgbtagingcenter.org/resources/resource.cfm?r=1051	Self-Care for the Caregiver Recorded webinar that explores the challenges and joys of caregiving, and tips for caregivers to support self-care and achieve balance.
SAGE	https://lgbtagingcenter.org/resources/resource.cfm?r=879	An LGBT Person's Guide to Planning for Medical Procedures Provides a detailed overview of what to expect when undergoing a surgical procedure, and how to plan for a successful recovery. Includes step-by-step instructions to create your own care plan, including worksheets, resources, and tips/encouragement for reaching out to others.
SAGE	https://lgbtagingcenter.org/resources/resource.cfm?r=883	Caregiving in the LGBTQ Community This guide provides an overview of caregiving in the LGBT community, and specific ideas, lessons learned and best practices for expanding programming to reach and include LGBT caregivers and those caring for LGBT older adults. It's applicable to both those serving LGBT people but not caregivers, and to those serving older adult/caregivers but not LGBT people. A list of resources, both for service providers and for caregivers themselves, is included.

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Government Benefits Resources

Organization	Website	Description
SAGE USA	https://www.sageusa.org/news-posts/same-sex-partners-can-now-access-social-security-survivors-benefits/	Press Release on “Same-Sex Partners Can Now Access Social Security Survivor’s Benefits,” dated 11/04/2021.
SAGE USA	https://www.sageusa.org/news-posts/the-biden-administration-is-paying-survivors-benefits-to-lgbtq-elders-the-biden-administration-reversed-a-trump-era-decision-to-fight-the-payouts/	Article “The Biden Administration Is Paying Survivors Benefits to LGBTQ+ Elders,” dated 2/01/2022.

Hotlines

Organization	Website	Description
988 Suicide & Crisis Lifeline - Dial 988	https://988lifeline.org/?ref=w3use	The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
Crisis Text Line - Text HOME to 741741	https://www.crisistextline.org/	Crisis Text Line provides free, 24/7, high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need.
SAGE 24/7 Hotline – (877) 360-LGBT (5428)	https://www.sageusa.org/what-we-do/sage-national-lgbt-elder-hotline/	SAGE Hotline connects LGBTQ+ older people who want to talk with friendly responders who are ready to listen. Hotline responders are certified in crisis response, offer support without judgment, and are trained in LGBTQ+ cultural competency.
Trans Hotline – Dial 877- 565-8860	https://translifeline.org/hotline/	Trans Lifeline’s Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call if you need someone trans to talk to, even if you’re not in a crisis or if you’re not sure you’re trans.

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International Groups

Organization	Website	Description
CenterLink, The Community of LGBTQ Centers	https://www.lgbtcenters.org/	CenterLink is an international nonprofit organization and member-based association of LGBTQ centers and other LGBTQ organizations serving their local and regional communities. Their mission is to strengthen, support, and connect LGBTQ community centers.
World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/	WPATH is a non-profit, interdisciplinary professional and educational organization devoted to transgender health. Professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally.

Intersex

Organization	Website	Description
Alicia Roth Weigel	https://www.politico.com/news/magazine/2023/09/15/alicia-roth-weigel-intersex-inverse-cowgirl-00116092	Article: I Came Out as Intersex in Front of the Texas Legislature
Alicia Roth Weigel	https://msmagazine.com/2023/09/25/inverse-cowgirl-book-intersex/	Ms. Magazine Article: 'Inverse Cowgirl': My Life as an Intersex, Intersectional Activist in the Lone Star State
Alicia Roth Weigel	https://profilesinpride.com/alicia-roth-weigel-on-coming-out-as-intersex-in-front-of-the-texas-legislature/	Article: On Coming Out as Intersex
Alicia Roth Weigel	https://www.npr.org/sections/health-shots/2023/07/05/1185988683/intersex-documentary-every-body-julie-cohen-alicia-roth-weigel	Video: For the intersex community, 'Every Body' exists on a spectrum (43 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=ZFjpr9DnAR4	Video: Putting the 'I' in LGBTQIA+. Alicia testifies against Senate Bill 3 to discriminate against transgender individuals and their ability to use public restrooms during the Special Session of the Texas 85th legislature. (2 min)

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Organization	Website	Description
Alicia Roth Weigel	https://www.youtube.com/watch?v=xUIZXH3le4M	Video: EVERY BODY - "Alicia's Testimony" Official Clip (1 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=Ax-mcz4aAOw	Video: "Capeheart" with Alicia Roth Weigel (2 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=XWQAnomVy3g	Video: Alicia Roth Weigel on new documentary about intersex community Full Stream 7/19 (31 min)
Alicia Roth Weigel		
Alicia Roth Weigel	https://www.youtube.com/watch?v=6ft2bZrIYZo	CBS Morning News: Intersex Rights Activist Alicia Weigel on New Her Book "Inverse Cowgirl" (6 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=U6NZ0c78vjU	Video: Illuminating the "I" in LGBTQIA+ ft. Alicia Roth Weigel, Intersex Advocate (45 min)
Alicia Roth Weigel		
Alicia Roth Weigel	https://www.youtube.com/watch?v=H1dP_qwSZ-c	Video: Destigmatizing Intersex with Alicia Roth Weigel (48 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=hUrBKFG9llw	Video: There are Only 2 Genders (2nd Edition) Change My Mind (50 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=63QzJhuVSSU	Video: "Intersex is a beautiful thing": How this activist found healing Salon Talks (23 min)
Alicia Roth Weigel	https://www.youtube.com/watch?v=R-DuMN9pxBw	Video: "Every Body" Doc Shines Spotlight on Intersex Community's Fight for Recognition, Bodily Autonomy (34 min)
Alicia Roth Weigel	https://www.msn.com/en-us/news/us/austinite-and-intersex-activist-alicia-roth-weigel-featured-in-new-documentary-every-body/ar-AA1d8bYT	Video: CBS Austin Austinite and intersex activist Alicia Roth Weigel featured in new documentary 'Every Body' (56 min)
Jewish Community Center of San Francisco (JCCSF)	https://www.youtube.com/watch?v=tKs2O3MSsOE	Video: Between Genders: Exploring Intersex with Hida Vioria JCCSF (85 min)
wocomODOCS	https://www.youtube.com/watch?v=CUbrRJ20Ai4	Video: Living in a body between female and male Orchids – My Intersex Adventure (61 min)

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LGBT-Friendly Groups

Organization	Website	Description
AGE of Central Texas	https://ageofcentraltx.org/	AGE of Central Texas offers a variety of services for older adults and caregivers to help make aging a positive and triumphant journey for everyone.
Aging Services Council of Central Texas	https://www.agingservicescouncil.org/	Aging Services Council brings together organizations serving and interested in seniors to identify & address challenges in the larger systems that impact seniors, address needs of the aging population, identify and fill service gaps, work on joint projects, educate the community and seniors about the needs & available services, serve as an advocate for senior issues, and share information.
Area Agency on Aging Capital Area (AAACAP)	https://www.capcog.org/divisions/area-agency-on-aging/	AAACAP serves older adults, people with disabilities and their caregivers with a variety of services and supports throughout the region. It works to ensure people can maintain their best quality of life in the environment of their choosing. It also operates the Aging and Disability Resource Center of the Capital Area (ADRC-CAP), which connects people with the support programs that can assist them.
Area Agency on Aging Texas	https://apps.hhs.texas.gov/contact/aaa.cfm	Directory for the different regional offices for the Area Agency on Aging Texas
Austin Public Library	https://library.austintexas.gov/	Website for the great Austin area physical and digital libraries.

Miscellaneous Resources

Topic	Website	Description
Different Pride Flags & Their Meanings	Different Pride Flags & Their Meanings	LGBTQ Nation's list of different Pride flags and the meanings behind them

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Movies/TV/Videos/Articles/Books (not listed earlier)

Title	Link
1967 CBS Documentary on “The Homosexuals” by Mike Wallace (highlights of the full 88-minute version)	https://www.youtube.com/watch?v=TEWomEYWtIU&t=2s
40 Great LGBTQ TV Shows to Stream Now	https://www.rollingstone.com/tv-movies/tv-movie-lists/lgbtq-tv-shows-watch-streaming-1012035/betty-hbo-hbo-max-1012235/
50 Essential LGBTQ Movies	https://www.rollingstone.com/tv-movies/tv-movie-lists/50-essential-lgbtq-movies-1009058/angels-in-america-2003-1009081/
200 Best LGBTQ+ Movies of All Time	https://editorial.rottentomatoes.com/guide/best-lgbt-movies-of-all-time/
1946: The Mistranslation That Shifted Culture	https://www.1946thefilm.com/ (you may be able to find this title on your streaming of cable service)
A History of Homosexuality with Mark Thompson	https://www.youtube.com/watch?v=yJhv0s-zmN8
ABC News – Study finds the number of adults who identify as LGBT has doubled in past decade (2022)	https://abcnews.go.com/US/number-adults-identify-lgbt-doubled-past-decade-study/story?id=82961330
Americans who identify as LGBT from 2012 to 2021, by generation	https://www.statista.com/statistics/719685/american-adults-who-identify-as-homosexual-bisexual-transgender-by-generation/
“Before You Know It,” a documentary by PJ Raval	https://www.beforeyouknowitfilm.com/film/
Case Study: Comparison of Two Women	https://www.youtube.com/watch?v=lkPJxQorieo&feature=youtu.be
Gen Silent – A Documentary by Stu Maddux	https://www.amazon.com/Gen-Silent-Stu-Maddux/dp/B07VKPW2ZT
Kathy Baldock: Untangling the Mess	https://www.youtube.com/watch?v=ziCOOdUW8OA
Out of the Closet, Off the Screen: The Life of William Haines	https://www.youtube.com/watch?v=Lr11bt6FOOQ
What it Means to be Intersex with Emily Quinn	https://youtu.be/FwnfOnUweew
What It’s Like To Be Intersex	https://youtu.be/cAUDKEi4QKI
Why Pronouns Matter for Trans People	https://youtu.be/N_yBGQgg7kM

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National Groups

Organization	Website	Description
Gender Spectrum	https://genderspectrum.org/	Gender Spectrum’s mission is to create a gender-inclusive world for all children and youth. To accomplish this, they help families, organizations, and institutions increase their understanding of gender and consider the implications that evolving views have for each of us.
National Center for Transgender Equality:	https://transequality.org/	The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation’s capital and throughout the country, they work to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.
National LGBTQ Taskforce	https://www.thetaskforce.org/	The National LGBTQ Task Force builds power, takes action, and creates change to achieve freedom, justice, and equity for 2LGBTQIA+ people. As the progressive voice of the LGBTQ movement and the LGBTQ voice of the progressive movement, the National LGBTQ Task Force organizes people and money in pursuit of liberation for all.
National Resource Center on LGBTQ+ Aging	https://www.lgbtagingcenter.org/	The National Resource Center on LGBTQ+ Aging, a program of SAGE, is the country’s first and only technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual, and/or transgender older adults, families and caregivers.
SAGE	https://www.sageusa.org/	We refuse to be invisible. SAGE is the country’s largest and oldest organization dedicated to improving the lives of LGBTQ+ older people. They offer supportive services and consumer resources to LGBTQ+ older people and their caregivers.
Trans Lifeline	https://translifeline.org/	Trans Lifeline is a grassroots hotline and microgrants non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.
Center for Applied Transgender Studies (CATS)	https://www.appliedtransstudies.org/	CATS brings together academic rigor and activist passion to identify, analyze, and, ultimately, propose solutions to the greatest issues facing transgender communities across the globe.

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Organization	Website	Description
GLAAD	https://www.glaad.org/	GLAAD is a non-profit organization focused on LGBTQ advocacy and cultural change. GLAAD works to ensure fair, accurate, and inclusive representation and creates national and local programs that advance LGBTQ acceptance.
Gay Affirming Christian Churches	https://www.gaychurch.org/	Ministering to LGBTQ+ Christians and allies around the globe, Gay Affirming Christian Churches features the largest welcoming and affirming church directory in the world.
PFLAG	https://pflag.org/	PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

Support Groups / Therapy

Organization	Website	Description
AIS-DSD Support Group (Androgen Insensitivity Syndrome / Differences of Sex Development)	http://aisdshistorical.interconnect.support/	The AIS-DSD Support Group offers support of various forms including resources about various differences of sex development, newsletters, and most importantly, the ability to connect with similarly situated others.
Austin Galano Club	https://www.austingalano.org/	Serving LGBTQIA+ and Allies in Recovery. The Austin Galano Club (AGC) is a non-profit corporation formed to serve the recovering community of Austin and surrounding areas, specifically for the lesbian, gay, bi-sexual, transgender community, their allies, and serving all 12-Step based programs and related activities. The club is focused on providing a facility and operational support for the meeting spaces for such groups, as well as providing social, community education, and service opportunities to the group members served.
Black Transman Inc	https://blacktransmen.org/	Black Transman Inc. is the first national nonprofit social advocacy organization with a specific focus on empowering African-American transgender men by addressing multi-layered issues of injustice faced at the intersections of racial, sexual orientation, and gender identities.

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Organization	Website	Description
Brown Boi Project	https://www.brownboiproject.org/	The Brown Boi Project is a community of people working across race and gender to eradicate sexism, homophobia and transphobia and create healthy frameworks of masculinity and change.
Center for Black Equality	https://centerforblackequity.org/	The Center for Black Equality works to build a global network of LGBTQ+ individuals, allies, community-based organizations and Prides dedicated to achieving equality and social justice for Black LGBTQ+ communities through Economic Equity, Health Equity, and Social Equity.
Diverse Elders Coalition	https://diverseelders.org/	The Diverse Elders Coalition (DEC) advocates for policies and programs that improve aging in our communities as racially and ethnically diverse people; American Indians and Alaska Natives; and lesbian, gay, bisexual and/or transgender people.
Hogg Foundation LGBTQ+ Mental Health Resources	https://hogg.utexas.edu/news-resources/lgbtq-mental-health-resources	
National Black Justice Coalition (NBJC)	https://nbjc.org/	The NBJC is America’s leading national civil rights organization dedicated to the empowerment of Black lesbian, gay, bisexual, transgender, queer+, and same gender loving (LGBTQ+/SGL) people, including people living with HIV/AIDS through coalition building, federal policy change, research, and education.
National QTPOC (Queer & Trans People of Color)	https://nqttcn.com/en/	National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC).
Online Therapy Resources for the LGBTQ+ Community	https://www.onlinetherapy.com/resources-for-lgbtq/	This online guide provides an overview of how therapy supports members of the LGBTQ+ community and links to resources that can be helpful for navigating the coming-out process, strengthening your relationships, and learning how to be true to yourself as an LGBTQ+ individual.

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Organization	Website	Description
the Network/laRed	https://www.tnlr.org/en/	The Network/laRed is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, kink, polyamorous, and queer communities.
University of Arizona National QTOPC Resources Page	https://lgbtq.arizona.edu/qtpoc-national-resources	The QTOPC Resources Page is a growing general overview of organizations, individuals and groups who are organizing and educating on issues pertaining to queer people of color. Many of these resources aren't already in this guide.

Terms, Additional Sources

Organization	Website	Description
GLAAD	https://www.glaad.org/reference/terms	Glossary of LGBTQ terms, including terms to avoid.
GLAAD	https://www.glaad.org/reference/trans-terms	Glossary of Transgender terms, including terms to avoid.
Pronouns.org	https://pronouns.org/what-and-why	What are personal pronouns and why do they matter

Training for Staff and Organizations

Organization	Website	Description
Diversity and Resiliency Institute of El Paso	https://www.driep.org/	Diversity and Resiliency Institute of El Paso promotes the values of diversity and inclusion through education and training, fostering resiliency in professional practice, company culture, and within the community. We offer access to material which will prepare mental health and social services professionals to competently and confidently engage with marginalized groups, expand their knowledge base, and increase social awareness.

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Organization	Website	Description
Harvard Implicit Association Test (IAT)	https://implicit.harvard.edu/implicit/ta-keatouchtestv2.html	The mission of Harvard’s Project Implicit is to educate the public about bias and to provide a “virtual laboratory” for collecting data on the internet. Project Implicit scientists produce high-impact research that forms the basis of scientific knowledge about bias and disparities.
National LGBTQIA+ Health Education Center – Webinars	https://www.lgbtqihealtheducation.org/resources/	The National LGBTQIA+ Health Education Center aims to advance health equity for, address and eliminate health disparities for, optimize access to cost-effective health care for, improve the quality of care for LGBTQIA+ people and the populations which may intersect with the LGBTQIA+ community by providing training and technical assistance to health care providers and staff across the globe.
SAGECare Training	https://www.sageusa.org/what-we-do/sagecare/	Creating more welcoming care for LGBTQ+ elders - SAGECare is a cultural competency training program for skilled nursing facilities, health care organizations, assisted living communities, hospice and palliative care, long-term care communities, home health providers, and anyone providing services to older adults.

Youth-Focused Resources

Organization	Website	Description
Family Acceptance Project (FAP)	http://familyproject.sfsu.edu/	FAP collaborated with Child and Adolescent Services at San Francisco General Hospital/University of California, San Francisco (UCSF), and with community providers to develop a new family-oriented model of wellness, prevention and care for LGBTQ children and adolescents, based on their research. This new family-related approach helps ethnically, racially and religiously diverse families to decrease rejection and increase support to prevent risk and promote their LGBTQ children's well-being.

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Organization	Website	Description
GLSEN	https://www.glsen.org/	Founded by a group of teachers, knowing that educators play key roles in creating affirming learning environments for LGBTQ youth. As well as activating supportive educators, they believe in centering and uplifting student-led movements, which have powered initiatives like the Day of Silence, Ally Week, and more.
Gender Diversity	http://genderdiversity.org	The work of Gender Diversity – spanning over two decades – has provided tens of thousands of individuals and their families with balance and hope during this time of upheaval.
imi Guide	https://imi.guide/	CenterLink’s imi app to combat LGBTQ+ teen suicide: imi was created through a collaboration of LGBTQ+ organizations, and hundreds of LGBTQ+ young people from across the country – it’s a tool for LGBTQ+ teens, by LGBTQ+ teens and their allies.
It Gets Better Project	https://itgetsbetter.org/	The It Gets Better Project is a nonprofit organization with a mission to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth around the globe
Out Youth	https://www.outyouth.org/	Serves Central Texas LGBTQIA+ (lesbian/gay/bisexual, transgender, queer and questioning, intersex, and asexual) youth and their allies with programs and services to ensure these promising young people develop into happy, healthy, successful adults.
Q Chat Space	https://www.qchatspace.org/	CenterLink’s chat app for LGBTQ+ teens, monitored by trained facilitators: Online monitored community for LGBTQ+ teens to find and give support, have fun, connect around shared interests, and get good information. Chat with like-minded peers in live chats designed for teens & by teens, facilitated by folks who care.
Trans Youth Family Allies (TYFA)	http://www.imatyfa.org/parents.html	Empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.
Trevor Project	https://www.thetrevorproject.org/	The Trevor Project is the leading suicide prevention and crisis intervention nonprofit organization for LGBTQ young people. They provide information & support to LGBTQ young people 24/7, all year round.